

YOUTH SWIM TEAM

Looking for fun this summer? Youths, 6 to 18 years old, can join our recreational swim league which runs from May 17 through July 18. Practice will be held from 5 to 6 p.m., Monday through Thursday at the Silver Wings Pool. This is a noncompetitive league designed to encourage all participants to do their best while promoting good sportsmanship and team spirit. Parents must attend a parent meeting before the first swim meet. Cost is \$45 per child for the season. Each child receives a swim cap and team T-shirt. Registration begins May 8. To register or for more information call the Community Center at (623) 856-7152.

SPECIAL EVENTS

The Silver Wings Pool will be hosting three major events of fun this summer. All the events include FREE admission, games, door prizes as well as many other prizes to give away. The events names and times are as follows:

Fun in the Sun Day

11 a.m. to 6 p.m., May 22

Beat the Heat Day

11 a.m. to 6 p.m., June 19

4th of July Celebration

11 a.m. to 3 p.m., July 4

Come out and join the fun at the pool!

For more information call the Silver Wings Pool at 623-856-7120

GUARD START

The American Red Cross Guard Start program is designed for youths, 11 to 15 years old, who are interested in Life-guarding as a profession. Individuals who complete the class are eligible to apply as a volunteer in the Junior Life-guard Program for the summer. Cost is \$45 per student. Classes meet from 9 to noon, June 14 through 18, and a second class meets, July 5 through 9 at the Silver Wings Pool. To register or for more information call the Community Center at (623) 856-7152.

GLOW NIGHTS

The Silver Wings Pool will host “glow-in-the-dark” Glow Nights starting on Saturday, June 5 and continues each Saturday thereafter. The Silver Wings Pool will supply floats. For more information call the Silver Wings Pool.

DIVE-IN MOVIES

Bring the kids out for a fun evening of swimming and a screening of a family movie on the last Saturday of each month at the Silver Wings Pool. Films include: “Penguins of Madagascar” on June 26; “Percy Jackson & the Olympians: The Lightning Thief” on July 31; and “Tooth Fairy” on August 28.

Luke Air Force Base Aquatics 2010 Programs and Events



Silver Wings Pool
623-856-7120

Aquatics Office
623-856-7152

Outdoor Recreation
623-856-9334

www.lukeevents.com



SUMMER SWIMMING LESSONS

Red Cross swimming lessons will be available for adults and children, 6 months to 16 years of age at the Silver Wings Pool. Again this season, Aquatics Programs is offering the Preschool Level lessons for children, 3 to 5 years old (parents do not need to be in the water for this level). Half-hour morning lessons meet at 9:45, 10:30 and 11:15 a.m. Afternoon and evening classes meet at 3:45, 4:30 and 5:15 p.m., Monday through Thursday for a two-week period. Cost is \$20 per child, per session. Session 1 registration will be held from 9 to 11 a.m. at Outdoor Recreation; Session 2 - 5 registrations will be held at the Silver Wings Pool, on a first-come, first-served basis on the dates specified below. No phone registrations will be taken. Payment in full is due at registration. Children can only be registered by their own parents. No registration will be accepted prior to the registration dates. The Parent/Tot Program for children, 6 months to 3 years of age, must have a parent or guardian in the water with the child. All other ages will be under the instruction of a Red Cross Water Safety Instructor. All children must have a parent or guardian present within the facility during instructional classes.

SESSION	DATE	REGISTRATION DATE
Session 1	Monday - Thursday, June 7 - 17	May 8
Session 2	Monday - Thursday, June 21 - July 1	June 11
Session 3	Monday - Thursday, July 12 - 22	July 2
Session 4	Monday - Thursday, July 26 - August 5	July 16
Session 5	Monday - Thursday, August 9 - 19	July 30*

* Session 5 classes meet in the afternoon only.

YOUTH OR ADULT PRIVATE SWIM LESSONS

Private Lessons are available May through August at the Silver Wings Pool during the summer season. Half-hour sessions cost \$20 for children and \$15 for adults, 18 years old and older, per person. Lessons are scheduled and based upon staff availability. Whether you're a beginner or you would like to improve your technique, we can help you achieve your swimming goals!

GET FIT, STAY FIT

Need an incentive to achieve or maintain a level of physical fitness? Register to participate in our Get Fit, Stay Fit program and start working your way toward great prizes and gift certificates! Prizes are awarded based upon the miles or hours you spend working out at the Silver Wings Pool this summer!

LEARN TO SCUBA DIVE!

Aquatics Programs is offering three separate scuba diving classes to the Luke community. Classes meet from 6:15 to 2 p.m., at the Silver Wings Pool on June 5 and 6; July 31 and August 1; or September 4 and 5. Cost is \$99 per person. For an additional cost of \$285 per person (payment submitted to the instructor), each class offers an open dive trip to San Carlos, Mexico featuring three days of boat diving and two nights lodging in a beach house - dates to be determined by the instructor. Must be at least 18 years old to participate.

SPLASH & DASH

Beginning at 7 a.m. on August 7 at the Silver Wings Pool, a 400 meter swim and 5K run is offered to help participants train for the Fall Triathlon. Free registration for the Fall Triathlon will be awarded to the top three finishers. Register by August 14.

FALL TRIATHLON

The Fall Triathlon begins at 7 a.m., September 25 at the Silver Wings Pool and will consist of a 400-meter swim, a 5K run and a 12-mile bike ride. Register to compete at Outdoor Recreation. A registration fee of \$20 for active duty and \$45 for non-military is required. Register before September 17 and receive a free Fall Triathlon T-shirt!