

UNITE PROGRAM



56 Force Support Squadron
Unit Cohesion Coordinator
(C3)

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Arts & Crafts Center **623-856-6502 . Bldg 247.** **Facebook.com/LukeArtsCrafts**

Option A: Mocktails &



Color w/Arts & Crafts

Teams will be provided with mocktails, coloring books, pencils, crayons, markers and water color paint. The class is self-directed after set up and can last between one to two hours. 20 participant maximum for an enjoyable time by all. Location is at the Blitz Lounge in Bldg 700. Activity requires at least two weeks lead time. 4 day window with preferred date emphasized (i.e 5 Mar 19; the window will be 4-8 Mar 19) Hours of Operation are Monday – Friday dates only, from 1000-2000.

Hot Dog or Bagel, Chips & beverage (one hot dog or bagels with chips and one nonalcoholic beverage) at no cost to members. All additional

Community Commons **623-856-7152 . Bldg 700**



Option A: Glass

Painting w/ Community

Commons

Teams will be provided with mocktails, blank wine glass as canvas, brushes, & glass paint. Samples to stir creative juices. The class is self-directed after set up and can last between one to two hours. Maximum 20 participants. Location is at the Blitz Lounge in Bldg 700. Requires at least two weeks lead time. 4 day window with preferred date emphasized (i.e 5 Mar 19; the window will be 4-8 Mar 19) Hours of Operation are Monday – Friday dates only, from 0900-1500.

Hot Dog or Bagel, Chips & beverage (one hot dog or bagels with chips and one nonalcoholic beverage) at no cost to members. All

Option B: Gaming

Competitions

Teams will be given the choice of Billiards or Ping Pong to game. These heated games can be played as teams or individuals and give the added excitement of true competition (Bracket provided for score keeping). Maximum 30 participants. Location is at the Blitz Lounge game room in Bldg 700. Requires at least two weeks lead time. 4 day window with preferred date emphasized (i.e 5 Mar 19; the window will be 4-8 Mar 19) Hours of Operation are Monday – Friday dates only, from 0900-1500.

Snacks & beverage (one snack and one nonalcoholic beverage) at no cost to members. All additional items can be purchase for fee by

Option C: Video Game Wars

Pick your favorite battle game and challenge your group to see who the best of the best is. With a large selection of games for all skill types it is sure to be a blast (self-guided). Maximum 15 participants. Location is at the Blitz Lounge game room in Bldg 700. Requires at least one week lead time. 4 day window with preferred date emphasized (i.e 5 Mar 19; the window will be 4-8 Mar 19) Hours of Operation are Monday – Friday dates only, from 0900-1500.

Snacks & beverage (one snack and one nonalcoholic beverage) at no cost to members. All additional

Auto Hobby Shop

623-856-6107 Bldg. 235.



Picnic and Shine option

Squadrons would be provided unlimited access to the Car Wash bays and Vacuums for a specified date, number of vehicles and period of time. The picnic is self-directed. Duration of picnic will be up to the Squadron POC. Activity requires one week notice. Car Wash is open 24/7, after hour operations will have to be coordinated with Auto Hobby Shop Staff. Hours of operations are Monday – Fridays 0900 – 1730.

\$5 limit for food per person. Please coordinate with your C3 coordinator no later than 2 weeks prior to event

Outdoor Recreation

623-856-6267 . Bldg 247.

Option A: Picnic Packages

Teams will be provided with two 6 foot tables, 20 chairs one large ice chest and a game of their choosing (i.e



Horse shoe, freeze bee, various sport ball options). Once materials are collected, the picnic is self-directed. Duration will be up to the POC as well as location.

Fowler Park is always open as an option. 20 participant maximum for an enjoyable time by all. Activity requires at least one week notice. 4 day window with preferred date emphasized (i.e 5 Mar 19; the window will be 4-8 Mar 19) Hours of Operation are Monday – Friday dates only, from 1000-2000.

\$5 limit for food per person. Please coordinate with your C3 coordinator

Option B: Mobile Team

Teams will be provided with challenge kit of their choosing. The class is self-directed. Duration is set by the Squadron

POC elected to direct the challenge. No minimum or maximum participation required. Location is left to the POC but FSS facilities are available please coordinate with respective facility managers. The activity requires at least one week lead time for proper planning. 4 day window with preferred date emphasized for pick up (i.e 5 Mar 19; the window will be 4-8 Mar 19) Hours of Operation are Monday – Friday dates only, from 1000-2000.

\$5 limit for food per person. Please coordinate with your C3 coordinator no later than 2 weeks prior to event date and any purchases.

Option C: Canoe Tug-O-War Tournament

Teams will be provided with two canoes, a life guard and access to the Silver wings Pool. C3 can assist with a bracket formulation for the tournament. Once materials are collected, the tournament is self-directed. Duration limit will be up to the POC. Location is the Silver Wings Pool. The number of participants is dependent on the unit. Activity requires at least one week notice. 4 day window with preferred date emphasized (i.e 5 Mar 19; the window will be 4-8 Mar 19) Hours of Operation are Monday – Friday dates only, from 1000-2000.

\$5 limit for food per person. Please coordinate with your C3 coordinator no later than 2 weeks prior to event

Fort Tuthill Recreation Center

623-856-7152. Flagstaff



Option A: Biking tour in the local area

Teams will be provided with a rental bicycles, a light grilled lunch. The class is guided by an experience tour guide. The tour will be for 1 hour. Maximum 30 participants as there are only 30 bicycles for rent. Location is Fort Tuthill Recreation Center Flagstaff, Arizona. Requires at least two weeks lead time. 4 day window with preferred date emphasized (i.e 5 Mar 19; the window will be 4-8 Mar 19) Hours of Operation are Monday – Friday dates only, from 0900-1500.

Hot Dogs, Bagels, Chips, beverage (one hot dog or bagels with chips and one nonalcoholic beverage) at no cost

Option B: Local Hiking Tour

Teams will be provided with a hiking guide. The hike path is (blank, blank) miles. Followed by a light lunch and an opportunity to fellowship back at the recreation center. The duration of the hike is one hour and a half. Minimum participants 15 and no maximum. Location is Fort Tuthill Recreation Center Flagstaff, Arizona. Re-

time. 4 day window with preferred date emphasized (i.e 5 Mar 19; the window will be 4-8 Mar 19) Hours of Operation are Monday – Friday dates only, from 0900-1500.

Hot Dogs, Bagels, Chips, beverage (one hot dog or bagels with chips and one nonalcoholic beverage) at no cost to members. All additional items can be purchase for fee by members.

Option C: Water Sports (kayaking/canoeing Stand-Up Paddle (SUP) Boarding

Teams will be provided with rental equipment, and guide. Followed by a light lunch and an opportunity to fellowship back at the recreation center. The duration is one hour and a half. Maximum participants for Kayaks and SUPs 12 and maximum participants for Canoeing is 6. Location is Fort Tuthill Recreation Center Flagstaff, Arizona.

Requires at least two weeks lead time. 4 day window with preferred date emphasized (i.e 5 Mar 19; the window will be 4-8 Mar 19) Hours of Operation are Monday – Friday dates only, from 0900-1500.

Hot Dogs, Bagels, Chips, beverage (one hot dog or bagels with chips and one nonalcoholic beverage) at no cost to members. All additional